

## The 6th Annual Kurt Elias Psycho-Oncology Memorial Lectureship

Friday, October 14, 2016 — 11:30am – 2:00pm

### Montefiore Moses Campus – Grand Hall

111 E. 210th Street (Gun Hill Road entrance)  
Bronx, NY 10467

### Keynote Speaker

#### Deborah Cohan, MD, MPH

Professor, University of California San Francisco  
Department of Obstetrics, Gynecology and Reproductive Sciences  
Medical Director HIVE and National Perinatal HIV Hotline  
Founder, Foundation for Embodied Medicine

### *The Body is the Cure: One Physician's Journey of Healing*

Online registration [www.mecme.org](http://www.mecme.org)    **REGISTRATION IS COMPLIMENTARY**

### Co-Course Directors

#### Shalom Kalnicki, MD

Professor, Radiation Oncology  
Einstein  
Chairman, Radiation Oncology  
Montefiore

#### Alyson Moadel-Robblee, PhD

Professor, Clinical Epidemiology  
Einstein  
Director, Psychosocial Oncology/BOLD Program  
Montefiore Einstein Center for Cancer Care

This year's lectureship is hosted by the Department of Radiation Oncology, Montefiore Einstein Center for Cancer Care, and the Department of Family and Social Medicine.

*Provided by Albert Einstein College of Medicine and Montefiore*

### Description/Overview

On the day of her breast cancer diagnosis, Deborah Cohan, an obstetrician-gynecologist, HIV clinician and mother of 2, realized that this cancer could become her greatest teacher. She invited the cancer to teach her about living life fully, and the first lesson was that dance would be Deborah's most potent medicine. She danced the day of her breast cancer diagnosis and nearly every day leading up to her surgery. Deborah danced her sorrow, her confusion, her fear of death and, in doing so, created space to dance her joy and exuberant love of life. Instead of reacting in fear, Deborah walked into the operating room unmedicated, and danced ecstatically with her surgical team, feeling intimately connected to her larger community who joined her virtually in this same dance. Not only did Deborah feel fully prepared for surgery, but also the surgical team was energized and jubilant. A video captured by the anesthesiologist and posted by a friend while Deborah was undergoing surgery went viral, with over 8 million views to-date. People worldwide, from Louisiana to India, Rwanda, Norway and the Canary Islands, became inspired to dance and created copy-cat videos. Other patients, from children to the elderly, have since started dancing in the OR before their surgeries. Deborah now brings somatic awareness and the healing power of dance to those encountering health challenges and the providers who care for them in conventional, allopathic medical settings.

### Activity Goal

The program will illustrate that the body contains deep wisdom to support healing, and that health challenges can be an opportunity for people to reframe their relationship with their body, mind, heart and spirit.

### Learning Objectives

*At the conclusion of this activity the participants should be able to:*

- Recognize the capacity of dance to transform one's relationship to illness and the body.
- Incorporate mindful body awareness into their regular workday.

### Intended Audience

This activity is intended for oncologists, palliative care physicians, primary care providers, psychologists, social workers, fellows, residents, medical students, nurses and allied healthcare professionals.

### Accreditation Statement

Albert Einstein College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

Albert Einstein College of Medicine designates this live activity for a maximum of 1.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Agenda

11:30am - 12:15 pm	Registration, Check-in and Buffet Luncheon
12:15 - 12:25	Welcoming Remarks and Introduction by Peter Selwyn, MD
12:25 - 1:45	Keynote Address – Deborah Cohan, MD
1:45 - 2:00	Questions and Discussion
2:00	Closing Remarks by Shalom Kalnicki, MD and Alyson Moadel-Robblee, PhD

### Conflict of Interest

The "Conflict of Interest Disclosure Policy" of the Albert Einstein College of Medicine requires that faculty participating in any CME activity disclose to the audience any relationship(s) with a pharmaceutical or equipment company\*. Any presenter whose disclosed relationships prove to create a conflict of interest, with regard to their contribution to the activity, will not be permitted to present.

Albert Einstein College of Medicine also requires that faculty participating in any CME activity disclose to the audience when discussing any unlabeled or investigational use of any commercial product or device, not yet approved in the United States.

The staff of CCME of Albert Einstein College of Medicine have no conflicts of interest with commercial interests related directly or indirectly to this educational activity.

\*The ACCME defines a Commercial Interest as an entity producing, marketing, re-selling or distributing health care goods or services consumed by or used on patients. The ACCME does not consider providers of clinical service directly to patients to be commercial interest.

### Special Needs (ADA)

If any participant requires special accommodations, contact CCME at 718-920-6674

**For Information and Registration Contact:**  
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